



Clinical packs

Each Pod/team caring for residents will hold a clinical pack and a clinic box for use both in emergencies and routine care of residents. It is important these packs contain those items deemed as vital to respond to both acute and non-acute health needs. There always needs to be consideration of the equipment entering a zone as it will need to be cleaned or disposed of on exiting. Additionally, staff should allocate roles on entering the zone to establish a clean and contact person in relation to handling equipment.

The Medical Team and On-Call Nurse share a clinical pack which contains an AED, this pack is kept in the site health clinic and is checked by these team members.

Refer to *Section 2: IPC* for more information on clean and contact roles in the zone and entering and exiting zones with equipment.



Amongst the equipment in the clinical packs are medications that may be considered heat sensitive, and they need to be kept at a consistent temperature. This means in hotter climates the clinical pack needs to be kept in an airconditioned environment at all times. Teams are required to check that the other equipment in their pod is also in good working order such as thermometers, digital blood pressure monitors, and torches etc. Any issues with equipment need to be relayed to the Clinical Administration Officer who will escalate this to the Safety and Quality Nurse if required.

Key points:

1. Only take what specific equipment is needed into the resident zone.
2. Dispose of used items (which are unable to be safely cleaned and disinfected) in the bin at the doffing station.
3. Place sharps in a sharp's container at the doffing station.
4. Clean equipment at the doffing station before taking it back to the pod.
5. Items that cannot be cleaned, e.g. items in paper packaging need to be disposed of at the doffing station.

For example.

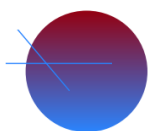
- To check a resident's blood sugar level; *only* take the glucometer, a lancet, a test strip and a cotton wool ball.
- To take blood; check the pathology form, ensure the correct tube(s) for the test(s) required have been obtained, then place *only* the items needed in the bio-hazard bag, including at least 2 patient stickers, one for each tube, and one for the bag. Consider taking a cardboard kidney dish to hold the items.
- To conduct an ear check; *only* take the otoscope and one ear speculum (not the 5 in the bag).

Checking the pack's equipment.

The clinical pack is a core resource and needs to be kept secure and fully stocked. It is recommended teams check this on a designated day weekly and recheck and restock after every use. To maintain, the integrity of the pack numbered zip ties are recommended to seal the bag. These are issued to each pod at the health clinic with the numbers registered, this reduces the risk of bags being tampered with.

Pod health staff are required to check the following:

1. The bag zip tags on the clinical pack are intact and their numbers are numbers allocated to the team.
2. The Clinical pack has all the items on the checklist.
3. The glucometer has been calibrated and is in working order, the test strips have not expired, and the box is stocked with lancets and test strips (this is vital equipment maintenance for all glucometers).
4. The pod's otoscope is clean, in working order and has at least 5 ear speculums.
5. The pod's clinic box and equipment is cleaned with disinfectant wipes, stocked and tidy.





Once staff have completed the check, replace the 2 bag zip tags removed from the Clinical emergency backpack with 2 new bag zip tags allocated to the team.

- Gather 3 zip pulls together on the right side, thread a tag through and lock in place.
- Gather 3 zip pulls on the left side thread a tag through and lock in place.

The content of the clinical pack are identified as follows: instant ice pack

Instant ice pack

Dressing packs x 5

NaCl 0.9% solution 30mls x 5

Betadine 10% 30mls x 5

Dressings:

- Band-Aids x 1 box
- Gauze packets x 5
- A zip-lock bag with 5 assorted dressings

Other dressings can be found in the health clinic treatment room

Crepe bandage 5cm wide x 1

Crepe bandage 10cm wide x 1

Fixomull precut strips x 5

Micropore tape x 3

Cardboard kidney dishes x 5

Underpads/bluies x 5

Yellow specimen containers x 5

Ziplock bags x 1 box (for ice)*

Urinalysis dip-sticks are kept in the treatment room under the sink

Glucometer box – kept on a shelf near the box

Glucometer x 1

Glucose & ketone control solutions x 1 high x 1 low.

Quality Control Logbook.

Blood Glucose Test Strips

Lancets

Cotton wool x 5 packets

Ketone strips are in the drug cabinet in the safety and quality office

Otoscope bag

Otoscope x 1

Ear speculums x 5

Phlebotomy bags x 2 - each with

IV starter kit x 1

Vacutainer 21g butterfly needle x 1

Vacutainer Lurer-Loc access device x 1

Vacutainer blue top tube x 1

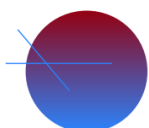
Vacutainer gold top tube x 1

IV tourniquet x 1

Zip lock biohazard bag x 1

Band-aid x 1

To be restocked after every use



***Ice to treat minor injuries**

1. *Collect ice in a ziplock bag, wrap bag in a blueie and take to the resident's room.*
2. *Ensure the resident applies the bag of ice covered in cloth/towel or blueie to the affected area for only 10-20 minutes at a time*
3. *They can keep the bag cold in the freezer between applications and reapply the cold pack on and off for 12-24 hours.*
4. *Ensure you review the resident to reassess the injury, and document the care on PCIS*

Section 5: Table 1: Clinical emergency equipment backpack – checklist

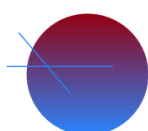
Pod:	Date:				
Name of the clinician completing the check					
Bag tag number					
Locate your nearest AED and run self-check. Then document the location of your nearest AED on your AED sign.		POD	POD	POD	POD
Plastic Blueies x 2					
N95 or P2 masks x 2					

Medication box

Adrenaline 300mcg EpiPen x 1	Exp. date	Exp. date	Exp. date	Exp. date
Adrenaline 150mcg EpiPen Jr x 1	Exp. date	Exp. date	Exp. date	Exp. date
Glyceryl trinitrate 400mcg Spray x 1	Exp. date	Exp. date	Exp. date	Exp. date
Glucagen hypo kit x 1	Exp. date	Exp. date	Exp. date	Exp. date
Oral glucose x 1	Exp. date	Exp. date	Exp. date	Exp. date
Salbutamol inhaler x 1	Exp. date	Exp. date	Exp. date	Exp. date
Aspirin 300mg x3	Exp. date	Exp. date	Exp. date	Exp. date

Observation Kit

Pulse oximeter x 1				
Neuro torch x 1				
Alco wipes x 5				
Note paper & pen				



Sphygmomanometer bag

Stethoscope x 1				
BP Cuff x 4 sizes				
Hand held aneroid sphygmomanometer x 1				

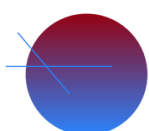
Equipment

Disposable spacer x 1				
Ezi-Spacer with child mask x 1				
Clinell Wipes 1 x packet				
Hand Sanitiser 2 small bottles				
BLS Algorithm chart				
Normal paediatric vital sign ranges chart				
EpiPen Information				
Disposable tourniquet x 1				
SAM Splint x 1				
10cm Compression Bandage x 1				
10cm Crepe Bandage x 2				
10cm Combine packet x 1				
Triangle Bandage x 1				
Emesis bags x 2				
Trauma Shears x 1				
Non Sterile Gloves x 2 pairs each size				

- Every Monday after every use recheck and restock your pod's clinical equipment, including the clinical pack.
- All missing items must be replaced as part of this checking procedure.
- If the backpack is taken into the zone, dispose of disposable equipment in the yellow bin near the doffing area. Isolate or clean used items. The backpack can then be restocked and returned to the pod

Comments:

Naloxone is kept in the medical emergency back pack which is kept in the Health Clinic Medication room during the day and with the nursing on-call team overnight



Content Acknowledgement

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